



WELCOME TO OUR SOCCER PROGRAM

Note: Camp Session content may be adjusted by Director Of Coaching & Player Development based on player ability, and learning “curve” to facilitate on-going learning/development for the participant (s).

General Format of the camp schedule (and not limited to this layout)

- ViaSport / BC Soccer COVID-19 protocols will always be in place
- Players are placed in age, physical and ability based stage specific of development
- Progressive curriculum to provide high quality development environment
 - U4 to U7 players
 - *Physical literacy*
 - *Ball mastery*
 - U8 to U13 players
 - *1v1 attacking, 1v1 defending, receiving & turning*
 - *Positive passing, vision & awareness, finishing*
 - U14+
 - *The 4 game moments*
 - *With the ball, without the ball, regain & loss of the ball (transition)*

Three Tenets of AUSC & Camp Development Program Philosophy

- 1. Reality-Based**
The GAME is the starting point to drive changes in behavior, reflection and decision making for the player, the team and the coach.
- 2. Experiential Learning**
Player focused: The evaluation, analysis and reflection of experiences develop competencies and improve behavior.
- 3. Holistic Approach**
Input and consideration for all interconnected aspects of the game, the athlete and the desired outcome.



4 moments in soccer are not worked in isolation